

: Community Counselling

Dear Councillors of Filey,

My name is Ellie Johnston, and I am the deputy manager at Community Counselling, mental health charity in Malton. <https://www.community-counselling.org.uk/> We have a range of services for the people of Scarborough Filey, Whitby and Ryedale. With funding from the Sirius Foundation, we are launching a children's counselling service in Scarborough and Whitby. However, we want to do the same for Filey (and Malton), we don't want those children to miss out and right now they are. We know that there are limited services in Filey compared to Scarborough and there are not a lot of options in Scarborough.

We need to raise 10K to make this service possible.

<https://www.justgiving.com/campaign/communitycounselling10k> we are launching a campaign to raise funds, but we could really use your help. Please can you raise awareness by sharing this campaign with the people of Filey. Children's mental health is so important, and we really want to support as many children as possible. We have partnered with an organisation called Thrive <https://thrive.uk.com/> so we have a digital support programme and we are offering support to the family as a whole, <https://www.community-counselling.org.uk/children-s-service>.

We would love to tell you more about our charity and show you how we support people in our local area.

Kind regards

Ellie